

Vaginal Rejuvenation

Intimacy Restored

WHO CAN BENEFIT

Laser Vaginal Rejuvenation treatments are especially helpful in women who suffer from painful intercourse, vaginal dryness, recurring infections or involuntary bladder leakage.

Positive Effects on Intimacy

Experts agree...The trick to staying happily married well into your silver years is to keep having sex. However, some couples stop having sex because of a number of factors, including: pain, lack of lubrication, and/or loss of vaginal tone.

The good news is that laser treatments may restore vaginal lubrication and elasticity, enabling the resumption of enjoyable intercourse. In fact, treatments can eliminate the feeling of “sandpaper sex” frequently associated with menopause, surgery or cancer treatments.

Positive Effects on Stress Urinary Incontinence

Life is full of surprises and anxieties...uncontrollable urinary leakage should not be one of them. Vaginal laser treatments can tighten and strengthen the supporting ligaments which surround the bladder and urethra to help reduce or eliminate these embarrassing “accidents.”

HOW IT WORKS

For decades, the CO2 laser has been successfully used to tighten and rejuvenate tissues. Not only does the heat from the laser result in immediate tightening through tissue contraction, but it also stimulates new tissue growth. The combination of tightening and new tissue growth results in a noticeable tightening of the treated tissue. When the laser is applied to the vaginal mucosa, there is an immediate improvement in tone. In addition, the cells which make normal vaginal secretions are restored.

RECOVERY

Vaginal laser treatments are minimally invasive. There are no needles, stitches or bandages. There is no need for special baths or other care. In fact, patients may resume normal activities immediately following the treatment. The only restriction is that “vaginal rest” is recommended for three days. Specifically, patients should refrain from using a tampon or engaging in sexual activity during this time. Minor discharge for a few days is normal and use of a pad is recommended.

